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Congenital heart defects are the most common birth defect, affecting about one percent of births.

Some babies with heart defects might have one or more of these signs. Talk to your doctor if you notice any of these in your baby.



Heart rate

Too low or high? Normal is between 100 to 160 beats per minute.

Energy

Excessively sleepy? Falling asleep during feeding?

A ppearance

Pale, dusky or blue skin tone?

Respiration

Breathing too fast or slow? Normal 40 to 60 breaths per minute.

Temperature

Cold to the touch, especially hands or feet?

Not all babies with congenital heart defects will have symptoms.



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